



Thank-you for your interest in the Ottawa Pacers Speed Skating Club Information Sheet

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We would love to have you come and skate with us!

This letter will explain how our club works and what you can expect if you join.

Our programs begin in early September and run until the end of March. We train indoors at the Bell Sensplex in Kanata with an option to train outdoors at the Brewer Park oval during the winter months.

We offer both youth and adult programs.

Youth Programs

Youth skaters train twice a week on Tuesday and Thursday evenings.

Our youth skaters are divided into 3 groups: Development, Intermediate and Advanced. The skaters are grouped primarily by ability, with consideration of their ages.

1. The Development group consists of skaters ranging in age from around 5 to 11 (We ask that children have basic skating skills before they begin). These would be children learning the basics of speed skating.
2. The Intermediate group ranges in age from 9 to 17. The intermediate skaters have mastered the basics and are improving both technique and speed.
3. Our advanced group ranges in age from 12 to 20. The Advanced group consists of our older more accomplished skaters as well as our skaters who are competing at the provincial and national level.

Masters (adult) Program

Our Masters program includes skaters who are brand new to the sport of speed skating as well as skaters with years of experience. Masters skaters range in age from 20 to 60+.

Masters skaters can choose between skating half time (one night a week) or full time (two nights a week).

Equipment

Skates can be rented from our club (cost ~ \$135/year) Speed skaters also require the following safety equipment:

Helmet	Neckguard	cut-proof gloves	cut-proof socks
Knee pads	shinguards	goggles	



Cost (please note: 2014/15 fees)

- The cost for each program is listed below.
- The club portion is the Ottawa Pacer’s registration fee.
- The OSSA (Ontario Speed Skating Association) portion is required to register each skater with our provincial governing body.

The third and subsequent skaters of a family pay a discounted fee (50% discount on club portion)

<i>Participant Fees</i>	<i>Club Portion</i>	<i>OSSA Portion</i>	<i>TOTAL Full Fee</i>
Youth Development <i>2 hours/week – Tues & Thurs @ 5:15 pm</i>	\$390	\$110	\$500
Youth Intermediate <i>3 hours/week – Tues & Thurs @ 6:15 pm</i>	\$600	\$110	\$710
Youth Advanced <i>3 hours/week – Tues & Thurs @ 7:45 pm</i>	\$620	\$110	\$730
Adult Half-Time <i>1 hour/week – Tues or Thurs @ 9:15</i>	\$325	\$110	\$435
Adult Full-Time <i>2 hour/week Tues & Thurs @ 9:15 pm</i>	\$540	\$105	\$650
Long Track <i>For training and coaching @ Brewer Oval ONLY</i>	\$80	\$110	\$190

For skaters registering in the youth program, parents are required to join as OSSA associate members (\$20 each) if not participating themselves in a program.

Volunteers

The Ottawa Pacers are a self-run organization with no paid staff, and participation by all members is what makes us a thriving community organization. It is our members that coach skaters, sit on the board of directors, maintain the club website, manage finances, organize meets, and flood and operate the 400-metre Brewer Park long track oval.

Additional Information

You will find additional information on our website: www.ottawapacers.ca

If you have any further questions, don’t hesitate to contact us at op_information@bell.net or inquiries@ottpacers.ca